

# The great RTPI cycle ride

This year's RTPI North East Bike ride will be held on Friday 17 May and will take a scenic route through County Durham and North Yorkshire. As in previous years, all RTPI members are welcome to take part (free of charge); and friends and colleagues from other related professions are also welcome to join us. There is a charge of £15 for all non RTPI members. We are keen to ensure the Bike Ride is an inclusive event which can be enjoyed by riders with different levels of experience and so we are continuing to offer three different routes this year:

## **Route A** Circular route from Sedgefield Cricket Club, Sedgefield - c. 95 miles (all day)

**Route A** will suit very experienced riders, with good fitness, who are comfortable cycling at 17-18 miles per hour. Riders will depart at around 08:45 and will cycle around 75 miles before lunch, meeting up with other riders at The Devonport pub in Middleton One Row at 13:00. There will also be a mid-morning coffee stop at Ellerton Lakeside Cafe. After lunch the riders will join riders from Routes B and C in cycling back to Sedgefield, and there will be a mid-afternoon break at The Derry Arms in Long Newton.

[\(Click here for route map\)](#)

## **Route B** Circular route from Sedgefield Cricket Club, Sedgefield - c. 70 miles (all day)

**Route B** will suit riders with a good level of fitness, who are comfortable cycling at 13-15 miles per hour. Riders will depart at around 08:45 and will cycle around 50 miles before lunch, meeting up with other riders at The Devonport in Middleton One Row at around 13:00. As with riders on Route A there will be a mid-morning break at Ellerton Lakeside Cafe. After lunch the riders will join riders from Routes B and C in cycling back to Sedgefield. [\(Click here for route map\)](#)

## **Route C** Middleton One Row to Sedgefield - c. 20 miles (afternoon only)

**Route C** will be suitable for riders of all levels of experience. Together with the riders on routes A and B, riders will set off from The Devonport in Middleton One Row after lunch (around 14:00) and will cycle to Sedgefield, stopping off mid-ride at The Derry in Long Newton for refreshments. [\(Click here for route map\)](#)

## Start Times

Riders taking Routes A and B should aim to arrive at Sedgefield Cricket Club by **08:30**. A briefing for riders taking both routes will take place at **08:45** and leave Sedgefield Cricket Club shortly afterwards.

A briefing for Route C riders will take place in Middleton One Row at **14:00** and all riders will leave The Devonport in Middleton One Row shortly afterwards.

## Transport

As in previous years it is anticipated that most riders choosing the longer rides (A and B) will drive to Sedgefield, and car parking is available at Sedgefield Cricket Club. For riders doing Route C, transport will be provided from Newcastle Cycle Hub ([www.thecyclehub.org](http://www.thecyclehub.org)).

Riders should arrive no later than **11:45** and the bus / trailer will depart at around **12:00**, arriving in Middleton One Row at c. **13:00**. Transport will also be provided back from Ponteland back to the Cycle Hub at the end of the ride.

Cycle Hire Cycle hire is available at the Cycle Hub.

## Lunch and Coffee Stops

**Ellerton Lakeside Cafe**  
[www.facebook.com/ellertonlakeside/](http://www.facebook.com/ellertonlakeside/)

**The Derry**  
[www.thederry.co.uk](http://www.thederry.co.uk)

**The Devonport**  
[www.thedevonport.com](http://www.thedevonport.com)

**Sedgefield Cricket Club**  
[www.sedgefield.play-cricket.com](http://www.sedgefield.play-cricket.com)

To sign up to the event [click here](#) or contact Kim Walker at the RTPI if you have any questions ([kim.walker@rtpi.org.uk](mailto:kim.walker@rtpi.org.uk)).

Registration in advance is essential and the deadline for registration is **Friday 10 May 2024**.

